

**Enticing Teens To Read—A
Recipe for Success**

Selecting a Book to Read for Fun

*Preparation time: 15 minutes
Reading time: 1 hour to infinity*

Ingredients

- 1 Stack of books
- 1 Teenager
- 1 Library or Bookstore
- 1 Table

Directions

- 1.Pick 3 or 4 books from the stack.
- 2.Look at the covers.
- 3.Read the book jacket.
- 4.Open the book to the first chapter.
- 5.Read the first 3 pages.
- 6.Repeat for each book.
- 7.Decide which book really grabs you.
- 8.If none of them grabs you, repeat numbers 1-6.
- 9.Repeat as many times as necessary until you find a book you really want to read.

Nutritional Information Per Serving

- Relaxation - 100% of min. daily requirement
- Entertainment - 100% of min. daily requirement
- Imagination - 100% of min. daily requirement
- Intellectual Stimulation - 100% of min. daily requirement
- Reading Skills - 100% of min. daily requirement

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